

LUNCH MENU WEEK 2

	BASILDON ACADEMIES	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal Option 1	Vegetable Hotpot	Sweet & Sour Chicken	Chef's Roast	Chilli Con Carne	Battered Sausage
	Main Meal Option2	French Bread Pizza	Chinese Chicken Curry	Toad in the Hole	Loaded Chicken & Vegetable Quesadillas	Individual Meat Pie
Mark William	Vegetarian Meal Option 1	Cheesy Baked Bean Quesadillas	Vegetable & Noodle Stir Fry	Veggie Roast Yorkshire Pudding	Quorn Mince Chilli Con Carne	Battered Quorn Sausage
	Vegetarian Meal Option 2	Roasted Vegetable Panini	Vegetable Curry	Quorn Sausage Toad in the Toad	Loaded Vegetable Quesadillas	Individual Vegetable Pie
	On the Side	Vegetables Mash Coleslaw Salad	Super Veggie Spring Roll Chinese Fried Rice Salad	Roasted Potatoes Vegetables Salad	Rice Mexican Potatoes Salad	Chips Beans Curry Sauce Salad
	Pasta King Pot	Pomodoro Zingy Peppers	Firecracker Chicken Basilico	Veggie Bolognese Spicy Sausage	Mediterranean Pizza Texan BBQ Meatballs	BBQ Sausage Tomato & Mascarpone
	Oven Baked Jacket Potato	Toppings Pasta King Sauce Cheese Beans	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo	Toppings Pasta King Sauce Cheese or Beans Tuna Mayo
A. Carlo	Dessert	Chocolate Cherry Sponge and Custard	Apple Puff & Ice Cream	Lemon Drizzle Cake	Belgian Waffle with Strawberries & Chocolate Sauce	Apple Crumble & Custard