

# The Basildon Upper Academy Newsletter

### 11<sup>th</sup> November 2024

## **Dates for the Diary**

**Armistice Day** Monday 11<sup>th</sup> November 2024

**Anti- Bullying Week** Monday 11<sup>th</sup> November - Friday 15<sup>th</sup> November 2024

Year 13 AP1 Assessments Monday 18<sup>th</sup> November - Friday 22<sup>nd</sup> November 2024

**Year 11 Mock Exams** Monday 18<sup>th</sup> November - Friday 29<sup>th</sup> November 2024

**Last Day of Autumn Term** Friday 20<sup>th</sup> December 2024

### **Student Value of the Term**



#### House Points - Week Ending 8th November



### Leadership Message - Sixth Form

This half term, Year 13 students will be preparing for their important mock exams, which begin on Monday, 18<sup>th</sup> November, followed by practical exams the next week. This can be a demanding time for students who are focused on doing their best.

At the Basildon Academies, we want every student to know they are not alone on this journey. Whether they're facing challenges in studies, balancing personal responsibilities, or navigating new experiences, we are here to support students in every way possible. Our pastoral and safeguarding teams are dedicated to helping students succeed; academically, emotionally, and socially. From personal development programs to counselling services and student clubs, there are countless ways we can assist students in reaching their full potential.

Our UCAS workshops, held on Thursdays from 3:30 to 4:30 pm, are available to support students with their university applications. When exploring career opportunities, it's beneficial for students to consider a range of platforms to find job listings, internships, networking opportunities, and career resources. Here are some valuable platforms to explore:

#### Higher and Degree Vacancy Listing for 2023/24 Recruitment

#### Apprenticeship Hub

We are excited to remind you that the Year 12 UCAS and careers trip is scheduled for **this Friday**, **15<sup>th</sup> November!** We look forward to an engaging and informative day. If your child has not yet submitted their **permission slip**, the deadline for handing it in has been **extended to Wednesday**, **13<sup>th</sup> November**. Please ensure the completed form is returned by this date to confirm their place on the trip.

As part of our commitment to personal growth and development, we are excited to introduce **Zero Gravity**, a new initiative designed to provide students with unique opportunities to expand skills and knowledge outside of the classroom. More details about this will be shared with students in their enrichment lessons in the coming weeks, so please keep an eye out for updates.



In addition to Zero Gravity, we also encourage students to explore the super-curricular opportunities available. These activities are designed to complement academic learning, foster new interests, build essential skills, and enhance future prospects. Here are some of the programs available:

<u>K+ | King's College London</u>

Medic Mentor – Make A Difference

K.McCarthy Assistant Headteacher

## Students of the Week

Congratulations to the following students who have been awarded Student of the Week for week commencing 4th November 2024.



# Safeguarding

Safeguarding our students is at the forefront of everything we do. Parents and carers can access information via the following link www.escb.co.uk which offers guidance and signposts to resources on various safeguarding issues. Please contact our safeguarding officers if you have any concerns about your own child or another student at the Academies.

www.basildonupperacademy.org.uk/safeguarding

## Home Learning

If you have any queries regarding home learning, including access issues or, to celebrate the work your child has completed at home, please visit the Contact Us page via the Basildon Upper Academy website and select the option for General Enquiries.

## School Nurse Drop In

If students are worried about their health, would like a confidential chat or would just like to find out more about how our school nurse can help them, the nurse

**Every Wednesday Breaktime** 

Location: The Medical Room



# **Aspire - Believe - Achieve**

### Spotlight on: A Level 3D Design



Explore how you could improve the world around you through your designs. This course is a creative and thought provoking qualification; Three-Dimensional Design is distinguishable by the emphasis placed upon functional and utilitarian considerations. The A Level 3D Design is a twoyear course that will give you the opportunity to explore a wide range of materials and techniques through creating three dimensional work.

Students who enjoy and successfully complete this subject typically progress onto creative apprenticeships or degree courses at University.

Full course information can be found by visiting the following link on our website: <u>A Level 3D Design</u>

# Free Online Counselling Service

www.kooth.com is a free, confidential, safe and anonymous way for young people, aged 11-26, to ask for help from a team of highly gualified and experienced counsellors and support workers.

Kooth is a well-established, award winning online counselling agency and is accredited by The British Association of Psychotherapy and Counselling (BACP).



## New Essex Sexual Health Service Webpages Dedicated to Secondary Parents & Carers

Essex Sexual Health Service has launched new web pages dedicated to parents and carers. Parents can find a wealth of resources including FAQs, insights into RSE and advice on how to have those important conversations. https://essexsexualhealthservice.org.uk/



## Geographers Conduct Coastal and Economic Fieldwork at Walton-on-the-Naze

Last week, our Year 11 Geography students had the opportunity to participate in a three-day field trip to Walton-on-the-Naze, with different groups attending on Wednesday, Thursday, and Friday. As part of their GCSE studies, students conducted hands-on fieldwork on the beach, investigating coastal processes and erosion.

Following their coastal studies, students explored the seaside town to assess economic activity within the town. The research and evidence gathered during the trip will be an important component of their final examination grade, offering them practical insights to support their classroom learning.

"This trip was useful, as it will help me with my GCSE Geography Paper 3. My favourite part of the visit was interviewing local people and hearing their opinions about the town. It's boosted my confidence in public speaking, which will also help me with my GCSE English speaking endorsement. Thank you to Mr. Pickering." Oliver.N

"The Walton-on-the-Naze trip was definitely beneficial for my geographical studies, as we covered multiple sub-topics. For example, we measured rock sizes and identified key points about the surrounding areas, including their positives and negatives. Overall, it was a fun and valuable experience that taught me a lot." Nojus.K



### Parent Drop - Wednesday 13th November

This week's Parent Drop In will be on Wednesday 13<sup>th</sup> November between 9am and 10am.

There will be no need to book an appointment, just sign in at reception and staff will be happy to show you to the venue. There is no set topic for the drop in sessions, if we are not able to answer any specific questions, we will follow up and then feedback to you.



|                       | AM (8:30am start)  |  | PM (1:30pm s                | start)  |
|-----------------------|--|--|-----------------------------|---------|
|                       |  |  |                             |         |
| Monday 18 November    | English Language P1  | 1 hr 45                                  | Biology P1                  | 1 hr 15 |
| Tuesday 19 November   | History P2   | 2 hrs                                    | Chemistry P1                | 1hr 15  |
|                       | Geography P1   | 1 hr 30                                  | · · · · ·                   |         |
| Wednesday 20 November | Maths P1   | 1 hr 30                                  | Geography P2                | 1 hr 30 |
| Thursday 21 November  | English Language P2  | 1 hr 45                                  | Physics P1                  | 1 hr 15 |
| Friday 22 November    | Maths P2   | 1 hr 30                                  | History P1                  | 1 hr    |
|                       |  |  | Geography P3                | 1 hr 30 |
|                       |  |  |                             |         |
| Monday 25 November    | English Literature P2  | 2 hr 15                                  | Biology 2                   | 1 hr 15 |
| Tuesday 26 November   | Maths P3   | 1 hr 30                                  | Chemistry P2                | 1 hr 15 |
| Wednesday 27 November | English Literature P1  | 1 hr 45                                  | Physics P2                  | 1 hr 15 |
|                       | Catering   | 1hr 20                                   | Chatistics                  | 4 6 45  |
| Thursday 28 November  |  | 1hr 20                                   | Statistics                  | 1 hr 45 |
|                       | Engineering  | 1 hr 30                                  |                             |         |
|                       | French Listening   | 35 (f)<br>45 (h)                         | Enterprise                  | 2hrs    |
|                       |  | mins                                     |                             | 21115   |
| Friday 29 November    |  | 45 (f)                                   |                             |         |
|                       | French Reading   | mins                                     | Hair & Beauty               | 1hr 40  |
|                       |  | 1 hr (h)                                 |                             |         |
|                       |  |  |                             |         |
| Manday 02 December    | French W/riting  | 1 hr (f)                                 | Ontion clashes              | Various |
| Monday 02 December    | French Writing   | 1hr 15<br>(h)                            | Option clashes              | various |
|                       | Art Pra  |  | RT (All day) 8:30am start   |         |
|                       | Art Practical 11A-ART (All day) 8:30am start<br>Photography Practical 11A (All day) 8:30am start |  |                             |         |
| Tuesday 03 December   | Engineering Practical 11A (All day) 8:30am start   |  |                             |         |
|                       | French speaking exam – Individual time slot to be given  |  |                             |         |
|                       |  |  | D-AR (All day) 8:30am start |         |
| Wednesday 04 December |  |  | 11B (All day) 8:30am start  |         |
| ,                     | French speaking exam – Individual time slot to be given  |  |                             |         |
|                       |  |  | .C (All day) 8:30am start   | -       |
|                       |  | Art Practical 11C (All day) 8:30am start |                             |         |
| Thursday 05 December  | Photography Practical 11C (All day) 8:30am start   |  |                             |         |
|                       | Engineering Practical 11C (All day) 8:30am start   |  |                             |         |
|                       | French speaking exam – Individual time slot to be given  |  |                             |         |
|                       | Engineering Practical 11D 1 and 2 (All day) 8:30am start   |  |                             |         |
| Friday 06 December    | Photography Practical 11B and D (All day) 8:30am start   |  |                             |         |
|                       | French speaking exam – Individual time slot to be given  |  |                             |         |
|                       | · · · · · · · · · · · · · · · · · · ·  |  |                             |         |
|                       | Home language  |  |                             |         |
| Monday 09 December    | Listening and Reading  | Various                                  | Home language Writing       | Variou  |

#### **WRITTEN EXAMS - 18th November**

| Monday | Subject             | Length      |
|--------|---------------------|-------------|
| AM     | English Lit Paper 1 | 3 hours     |
| AM     | Accounting          | 3 hours     |
| AM     | Chemistry - Paper 1 | 1 1/2 hours |
| PM     | Sociology - Paper 1 | 2 hours     |
| PM     | Sport               | 2 hours     |
| PM     | Physics - Paper 1   | 1 1/2 hours |

| Tuesday | Subject             | Length      |
|---------|---------------------|-------------|
| AM      | Psychology- Paper 1 | 2 hours     |
| AM      | Business            | 2 hours     |
| AM      | Chemistry - Paper 2 | 1 1/2 hours |
| PM      | English Lit Paper 2 | 1 hour      |
| PM      | Biology - Paper 1   | 1 1/2 hours |

| Wednesday | Subject                 | Length      |        |
|-----------|-------------------------|-------------|--------|
| AM        | IT                      | 2 hours     |        |
| AM        | Biology - Paper 2       | 1 1/2 hours |        |
| PM        | Sociology - Paper 2     | 1 hour      |        |
| PM        | A Level Maths - Paper 1 | 2 hours     |        |
| PM        | Engineering - Paper 1   | 1 1/2 hours |        |
| Thursday  | Subject                 | Length      |        |
| AM        | Psychology - Paper 2    | 2 hours     |        |
| AM        | Computing               | 2 hours     |        |
| PM        | Finance                 | 1 hour      | ONLINE |
| PM        | Physics - Paper 2       | 1 1/2 hours |        |

| Friday | Subject                 | Length      |         |
|--------|-------------------------|-------------|---------|
| AM     | Sociology - Paper 3     | 2 hours     |         |
| AM     | Finance                 | 2 hours     | WRITTEN |
| AM     | Criminlogy              | 4 hours     | ONLINE  |
| PM     | A Level Maths - Paper 2 | 1 hour      |         |
| PM     | Engineering - Paper 2   | 1 3/4 hours |         |
| PM     | Hairdressing            | 1 1/2 hours |         |

#### PRACTICAL - 25th November

| Monday Length |         |
|---------------|---------|
| 3D            | 5 hours |
| Textiles      | 5 hours |
| Drama         | 6 hours |

| Tuesday Length |         |
|----------------|---------|
| 3D             | 5 hours |
| Textiles       | 5 hours |

| Wednesday | Length  |
|-----------|---------|
| Art       | 5 Hours |
| Graphics  | 5 Hours |

| Thursday       | Length  |
|----------------|---------|
| Art            | 5 Hours |
| Graphics       | 5 Hours |
| Photography    | 5 Hours |
| Creative Media | 5 hours |

| Friday         | Length  |
|----------------|---------|
| Photography    | 5 Hours |
| Creative Media | 5 hours |

## Online Safety Hub Recommended Resource of the Week: Navigating the Need for Parental Controls

In the digital age, children have easy access to technology, and it's essential for parents to ensure their online experiences are safe. <u>Click here</u> to access information regarding online parental controls.

The Online Safety Hub is an online resource with lots of expert advice and guidance to help find out how to keep our young people safe online. You can access it for free here: <u>Online Safety Hub - The Basildon Academies</u>



# BASILDON ACADEMIES WORD OF THE DAY

#### 11<sup>th</sup> - 15<sup>th</sup> November 2024 Anti Bullving Week

| And builying week                       |   |
|---|---|
| Monday:<br><i>Remembrance Day</i>       | <b>Commemorate (Verb)</b><br><i>Definition:</i> To honour the memory of someone or something, often with a ceremony.<br><i>Example:</i> On Remembrance Day, people gather to commemorate those who have served in the military.                             |
| Tuesday:<br><b>Odd Socks Day</b>        | <b>Unconventional: (Adjective)</b><br><i>Definition:</i> Not based on or conforming to what is generally done or believed.<br><i>Example:</i> Odd Socks Day encourages students to celebrate unconventional fashion choices.                                |
| Wednesday:<br><i>World Kindness Day</i> | Empathy (Noun)<br>Definition: The ability to understand and share the feelings of another.<br>Example: Empathy is a key aspect of World Kindness Day, as people are encouraged to put themselves in others' shoes.  |
| Thursday:                               | <b>Compassion (Noun)</b><br><i>Definition:</i> Sympathetic pity and concern for the sufferings or misfortunes of others.<br><i>Example:</i> Acts of compassion are celebrated on World Kindness Day.  |
| Friday:<br><b>Children in Need</b>      | <b>Beneficiary (Noun)</b><br><i>Definition:</i> A person who derives advantage from something, especially a trust, will, or life insurance policy.<br><i>Example:</i> The charity event aims to provide support to every beneficiary in need of assistance. |

# Job of the Week: Sound Engineer

# What Qualifications do you need to do this job?

There are no set entry requirements, but you'll need a good knowledge of music and recording technology. You may also find it useful to understand physics and electronics

#### What does a Sound Engineer do?

Day-to-day duties might involve:

- planning recording sessions with producers and artists
- setting up microphones and equipment in the studio
- making sure the volume and recording levels are set correctly
- operating recording equipment and adding effects
- mixing tracks to produce a final 'master' track

#### Labour Market Information

#### UK jobs:

- 6,251 in your local area of Essex
- Hackney 8,587 jobs
- Hertfordshire 8,120 jobs
- Kent 8,466 jobs

Let's Talk Money UK annual median: £32,914

The schools approaches to SEND provision and managing behaviour have been adapted to be consistent with the underlying principles of supporting wellbeing first. This is reflected in the schools' policies and the practice seen across both sites.



2022-2025

# Follow The Basildon Upper Academy on our social media channels





# **Absence Procedures**

To report a student absence please visit the <u>Contact Us</u> page via the Basildon Upper Academy website and select the option for Attendance.

- Parents/carers must contact the school by 8.30am each day their child is absent.
- If no reason has been received for a child's absence, the Academy will initiate first day calling.
  Parent/carers may be asked for medical evidence to support absences after 3 days or
- reoccurring absence patterns.
   Wherever possible, parents/carers should make appointments outside of school hours. If this is unavoidable students should attend school before and after the appointment.

Please familiarise yourself with our attendance procedures found on the school website within the Parent Information section, so you know who and when you need to contact us. <u>www.basildonupperacademy.org.uk/attendance</u>

Essex County Council Education

TIMEKEEPING

# What to do the night before:

Get everything you need for school ready





Set your alarm allowing plenty of time

Make your lunch and drink if you bring a packed lunch to school



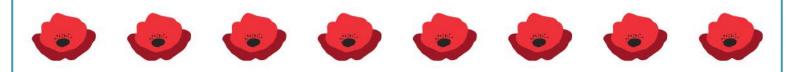


Turn off devices half an hour before bedtime

Have a good night's sleep - a minimum of eight hours!







TO COMMEMORATE ARMISTICE DAY THE DINING HALL WILL BE SELLING A SELECTION OF CAKES & BISCUITS FOR 50P EACH ON MONDAY 11TH NOVEMBER



### ALL PROCEEDS WILL GO TO THE ROYAL BRITISH LEGION

lest We Forget



On Friday 15<sup>th</sup> November the Dining Hall will be selling a selection of cakes & biscuits for 50p each. All proceeds will go to Children in Need.